

## MEDIA RELEASE

**Date: May 1, 2023**

### Happy Community Living Month!

May is Community Living Month and we are shining a light on community living.

“Our team at Community Living Association Lanark (CLA) wants to highlight the importance of true inclusion for people who have an intellectual disability,” explains President Rob Eves. “So get ready for a lot of blue and green in our community, including at our facilities!”

As part of the festivities, we’re going blue and green. Every CLA site will be lit up in these colours, and some local landmarks are joining in too. Be sure to check out the clock tower on top of the Town Hall and in the trees at Stewart Park in Perth as well as the Town Hall in Carleton Place.

Other events to mark the month include staff interviews on Cogeco television every Tuesday and a picture day – with blue and green attire of course!

“People who have an intellectual disability face challenges in their cognitive functioning that affect areas of daily living. Because of this, they often face negative stereotypes and assumptions that underestimate their strengths, contributions, and potential, and exclude them from many parts of society,” adds Rob Eves. “We are working together to change that.”

Founded in 1953, Community Living Ontario is a non-profit leader providing a provincial voice for people who have an intellectual disability, their families, friends, and support providers across Ontario. Today, they proudly advocate on behalf of more than 100,000 people while championing the inclusion efforts of over 100 member organizations.

*Community Living Association Lanark (CLA) is a charity supporting individuals with intellectual disabilities to enable and assist them to live a quality life in their community with dignity and respect. CLA is working together with Carebridge Community Support to find ways to improve services and enhance each person’s overall experience. The goal is to create a stronger voice for the people we serve.*

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