

PROGRAMS and SERVICES



Association Services and Supports

Community Living Association, Lanark County, has served and supported individuals with intellectual disabilities, families with children with intellectual disabilities and its community since 1965 with valued service and supports that enrich peoples' lives, supports families and assists communities to be more receptive and accepting of all people, particularly those with intellectual disabilities. Our services and supports have evolved and changed to complement societal needs and knowledge and professional advancements. We are proud of our accomplishments which are reflected in the achievement of the individual and families we support, community receptiveness and societal progress in recognizing all individuals' potential, rights and responsibilities.

All the services and supports delivered by the association are dedicated to achieving its mission and vision and are based on its values and guided by its principles.

Mission

Community Living Association, Lanark County, is a charitable organization accountable to a community based membership and is dedicated to supporting individuals with intellectual disabilities to a live a quality life in a state of dignity, with the opportunity to participate fully in their community and contribute to and benefit from societal engagement.

Vision

That all people live in a state of dignity, share in all the elements of living in the community and have the opportunity to participate effectively.

Values

Respect, Caring, Dignity, Responsibility, Inclusion, Family

The Services

The Association delivers the following services in pursuit of its mission and vision:

1. Residential Services
2. Family Homes and Creative Living Solutions.
3. Community Support Services
4. Employment
5. Supported Independent Living
6. Community Development and Advocacy

Community Development and Advocacy

The Goal

“To educate and promote public awareness of issues associated with people with intellectual disabilities and to assist in developing tolerant, accepting and inclusive communities.”

The Association provides the following:

1. Education and Awareness related to Community Development and Developmental Sector Issues.
2. Community Development Initiatives.
3. Advocacy for families, individuals and the sector.
4. General advocacy for societal change.

Community Living Association, Lanark County, is affiliated with the Community Living movement provincially, nationally and other global organizations working for individual rights and societal change for individuals with intellectual disabilities. We partner with local service providers and other community groups who share similar missions and philosophies. We develop community initiatives that facilitate community inclusion.

We have been an integral part of the social change that has provided respect, dignity and inclusion of individuals with intellectual disabilities. These achievements have included and are not limited to the following:

1. Recognition of individuals' rights in national and international legislation and conventions.
2. The right to inclusive education.
3. The right to self-determination.
4. Closing of large government institutions.
5. The right to live and participate fully in Community Life.

The Sector is very proud of these achievements. This progress would not have been possible without advocacy from all sectors of society including the powerful voices of self-advocates and families. There is still much to be accomplished and Community Living Association, Lanark County, will continue to be an ardent advocate for individuals' rights, inclusive communities and social justice.

Community Support Services

The Goal

“To develop the Individual’s skills, competencies and provide opportunities and supports to engage meaningfully in their community.”

The service provides the following:

1. Developmental programs such as literacy and life skills that develop the individual’s ability to engage in their community, live independently and enjoy a higher quality of life.
2. Opportunities to participate in the community.
3. Social and recreational opportunities.
4. Assistance in accessing government programs.
5. Employment preparation and job searches.

Supports are based on Individual Service Plans which are “person centred” and developed based on the Individual’s input and personal goals. We provide group and individual supports to provide meaningful experiences and personal growth for the individual. The Association supports 90 individuals in three different locations in Lanark County.

1. CSS Perth - 1 Sherbooke Street E.
2. CSS North Lanark – 390 Flora St.
3. CSS Smiths Falls - 25D Main St. Smiths Falls

Employment

The Goal

“To develop job opportunities for individuals with intellectual disabilities and to prepare and match individuals with appropriate jobs in community businesses or assist the individual with self – employment initiatives.”

We provide the following services:

1. Prepare individuals for a successful job placement.
2. Assist with the preparation of resumes and job searches.
3. Assist with a successful work placement.
4. Assist employers in supporting individuals with intellectual disabilities.
5. Assist individuals with intellectual disabilities in developing and starting their own businesses.

The service is provided as part of the Community Support Services on an individual bases and occasionally as a separate program. Please inquire with us for the next planned Employment Program.

The Used Book Store

The Goal

“To provide employment opportunities and job skills training for individuals with intellectual disabilities.”

The Used Book Stores recycles donated books and has over 3,000 books in inventory. Individuals with intellectual disabilities operate and manage the store with the assistance of staff. The community supports the store by donating their used books and by becoming frequent clients of the store.

This social enterprise provides an opportunity for some of the people that we support to earn additional money, learn new skills and be engaged with the community and customers.

178 Townline Rd. East
Carleton Place, ON
K7C 2C2

Hours of Operation:

Tuesday to Saturday

Phone: 613.257.8040 ext. 33

Supported Independent Living

The Goal

“To support Individuals with intellectual disabilities to live independently in their community and neighbourhood of choice.”

Community Living Association, Lanark County, supports individuals, ranging in ages from 18 years of age and older. Individuals live independently in the community and are supported by Association Staff as the need requires with supports that promote independence, safety and security, community engagement, health and wellness and other daily living supports. The Association works with the individual and their family to develop personal plans to support and enhance the individual’s ability to live a meaningful and engaged life in their community.

Supports

The level of support that the Association provides depends on the individual’s needs and wishes. The supports can include the following:

1. Assistance with and teaching activities of daily living.
2. Assistance with menu planning, grocery shopping and meal preparation.
3. Assistance with health care appointments and health monitoring.
4. Assistance with Budgeting and Finance.
5. Community integration.
6. Liaising with family, friends, landlords and advocates.

The Association works with the individual to assess their ability to live independently and develops Individual Service Plans that are person centered for every individual. Staff coach, mentor and assist the individual to achieve their goals.

The supports are delivered by professional staff from Community Support Services located in Almonte, Carleton Place and Smiths Falls.

Enhanced Supported Independent Living

The Goal

“To prepare individuals to successfully live independently in the community by providing an enhanced supported living residential experience that emphasises independent living skills and competencies.”

The Association owns a property dedicated to providing a 12 to 18 month residential experience that focus on teaching independent living skills. Individuals are live with 2 to 3 other people of similar skills and competencies in a home with 4 bachelor apartments and shared kitchen and common living areas. Staff provides 15 to 20 hours per week of specialized supports and services that develop independent living skills that prepare the individual to live successfully on their own in the community.

The Association has developed a 12 to 18 month curriculum to teach and provide experiences that will lead to skill and competency acquisition. The residential experience will include:

1. Healthy Home Living
2. Personal Wellness
3. Community Living
4. Lifelong Learning
5. Employment & Volunteering
6. Personal Health and Safety
7. Social Skills
8. Rights and Self Advocacy

The program is customized for the person and staff monitor skill and competency development and assess when an individual has achieved the required competencies to move into the community safely.

Residential Services

The Goal

“To provide a home in a community neighbourhood for 3 to 6 individuals with intellectual disabilities who cannot live independently.”

Our residential homes are decorated and operated to replicate a family home environment and community living as much as possible. Three to six individuals live together, share household duties, participate in their community and attend day services with our Association or other associations. Individuals are engaged in community activities, employment, education and social and recreational opportunities.

The supports are guided by the following principles:

“Everyone has the right to have a home they can call their own.”

“Personal relationships and a sense of belonging are basic human needs.”

“Continuous learning and development is encouraged and facilitated to develop independence, competencies and skills that enrich the individual’s life.”

Community Living Association, Lanark County supports 23 individuals in 4 residential homes.

Family Homes

The Goal

“To place individuals’ with intellectual disabilities in appropriate homes with families who are interested and capable of supporting the individual.”

Family Homes provide more than room and board. The Home Provider shares their home with the individual and provides the opportunity for the person to become part of family life.

The Home Provider is responsible for:

1. Ensuring a safe and secure environment for the individual.
2. Meal preparation.
3. Including the individual in their family activity.
4. Providing appropriate living space.
5. Ensuring proper medical and daily living supports.
6. Keeping proper documentation.

The Home Sharer is entitled to the same respect and dignity outlined in Community Living Association philosophy. The Association provides oversight of the program and supports the Home Provider in meeting Association and Government Service Guidelines.

The Home Provider receives a daily stipend from the Home Sharer and the Association.

The Individual Support Plans

The individual, not the services, is the main focus of the association and we develop Individualized Service Plans that meet the individual's specific unique needs, desires and goals. This person-centered approach utilizes diverse inputs and information to enhance the individual's ability to achieve successful outcomes.

The Goal

“To develop and implement holistic life plans for individuals that is person-centered and based on the individuals personal goals and needs.”

The Association develops two different types of plans for the people that it supports.

The Individual Support Plan

Qualified staff evaluates the total needs and supports that the person requires and develops individualized plans to meet those needs. This is a holistic plan that includes all supports that the person requires. Every individual supported by the Association has an Individual Support Plan which indicates the supports and services to be delivered by the Association.

The Individual Life Plan

The Individual Life Plan is focused on the person's dreams and goals and not on Association or other professional supports. The plan clarifies the person's dreams and translated into meaningful goals and strategies to achieve those goals. The process includes a comprehensive planning process with input from all important stakeholders, a formal plan and ongoing support, evaluation and counselling to keep the plan relevant.

The life dream should never be limited or abbreviated by disability or support capacity. The planner's goal is to develop strategies and supports that facilitate the achievement of the person's dreams and providing the supports to maintain a high quality of life. The Individual's Life Plan (ILP) should be independent of all of the other plans but acknowledge that other plans exist and supports are required to assist the individual and that, pertinent aspects of those plans must be considered in the Individual's Life Plan.

These plans provide the basis for our person centered and directed supports.

Contact Information

Residential Homes

Smiths Falls
Perth

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Almonte

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Community Support Services & Supported Independent Living

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Perth

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Almonte

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Family Home Program & Community Initiatives

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Vision

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Values

Respect, Dignity, Caring, Responsibility, Inclusion, Team/Family

A registered Charity -11887-0807-RR0001

www.clalanark.ca